

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	CHIP FRIDAY
	<p>Moist <u>CHICKEN</u>.</p> <p><u>PORK MEATBALLS</u> in a rich gravy.</p> <p><u>VEG BALLS</u> VE in a rich gravy</p>	<p>Slow cooked <u>PORK</u></p> <p><u>CHICKEN STEW AND DUMPLINGS</u> Slow cooked chicken with seasonal veg in a rich gravy and dumplings</p> <p><u>VEG STEW AND VE DUMPLINGS</u> Seasonal veg in a rich gravy topped with dumplings</p>	<p>Silverside of <u>BEEF</u> & home-made <u>Yorkshire puddings</u>.</p> <p>Chicken <u>CURRY</u> fluffy rice.</p> <p><u>QUORN</u> curry Quorn pieces in curry sauce, with fluffy rice.</p>	<p><u>GAMMON</u> with juicy pineapple chunks.</p> <p><u>CHICKEN ARRIABATTA</u> Diced chicken in a rich tomato sauce with pasta shapes.</p> <p><u>PASTA</u> Wholemeal pasta with mixed beans, in an arriabatta sauce. VE</p>	<p><u>SAUSAGE</u> Chips beans</p> <p><u>SALMON FISH CAKES</u> with a sweet chilli dip.</p> <p><u>CHEESY PIZZA</u></p> <p>CHIPS</p>
BREAK	Pizza	Bacon	Teacake, crumpet, jam on toast	Pizza	Bacon
HOT BUTTY	Bacon in a soft sub roll	Marinated diced chicken in a ciabatta roll.	BBQ pulled pork in a brioche bun.	Cheese and ham bagel	Chip in a floured bun. Or Sausage in a sub roll.
PASTA MEAT	Chicken Balti	Bolognese	Chicken Italian	Spanish Chicken	Bangers & beans
PASTA VEG	Balti Sauce VE	Veg Bolognese VE	Pomodoro VE	Basilica VE	
PUDDING	Steamed sponge Fruit salad VE	Chocolate crunch Fruit salad VE	Flap jack VE Fruit salad VE	Baked sponge Fruit salad VE	Cup cakes Fruit salad VE
	Starchy cooked in fat	High in fat	Meat product		

All veg pasta sauce is also vegan. **VE** Vegan option

Jacket potatoes are served daily at the pasta area with various fillings.

Menu may change if deliveries are not met