

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	CHIP FRIDAY
	<p>Moist <b>CHICKEN</b> wrapped in bacon</p> <p><b>CHILLI CON CARNE</b> Minced beef in a spicy tomato and kidney bean sauce, served with fluffy rice.</p> <p><b>QUORN CHILLI</b> con carne in a spicy tomato sauce served with fluffy rice.</p>	<p>Silverside of <b>BEEF</b> &amp; homemade <b>Yorkshire puddings</b>.</p> <p><b>CHICKEN WRAPS</b> Diced chicken peppers and onion with a hint of spice wrapped in a soft tortilla.</p> <p>Veg <b>WRAPS</b> Peppers, onion mushrooms, tomato with a hint of spice. Wrapped in a soft tortilla</p>	<p><b>GAMMON</b> with juicy pineapple chunks.</p> <p><b>MINCE BEEF PIE</b> Mince beef and onion in a rich gravy topped with a scone base topping</p> <p><b>VEG PIE</b> Seasonal veg in a rich gravy, topped with scone base topping.</p>	<p>Slow cooked <b>PORK</b></p> <p>Chicken <b>CURRY</b> fluffy rice.</p> <p>Quorn mince <b>CURRY</b>. Served with fluffy rice</p>	<p>Oven baked <b>FISH</b> Chips and mushy peas</p> <p><b>CHEESY PIZZA</b></p> <p><b>CHIPS</b></p>
<b>BREAK</b>	Pizza	Bacon	Teacake, crumpet, jam on toast	Pizza	Bacon
<b>HOT BUTTY</b>	Chicken <b>meatball</b> sub In a mini baguette	Cheese and ham in a bar marked panini.	Marinated diced chicken in a ciabatta bun.	Beef <b>burgers</b> in a brioche bun.	<b>Chip</b> in a floured bun Or Pizza
<b>PASTA MEAT</b>	Chicken Marinara	Chicken Pizza	Chicken Balti	Italiano Chicken	
<b>PASTA VEG</b>	Veg Marinara	Pizza Sauce	Balti Sauce	Pomodoro	Basilico
<b>PUDDING</b>	Short cake Fruit salad	Chocolate crunch Fruit salad	<b>Tart</b> Fruit salad	Baked sponge Fruit salad	Crackle Fruit salad
	<b>Starchy cooked in fat</b>	<b>High in fat</b>	<b>Meat product</b>		

All veg pasta sauce is also vegan.

Jacket potatoes are served daily at the pasta area with various fillings.

Menu may change if deliveries are not met