

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	CHIP FRIDAY
	<p>Moist <u>CHICKEN</u> And chipolata</p> <p><u>SHEPHERD'S PIE</u> minced lamb in a rich onion gravy and peas, topped with soft mash</p> <p><u>VEGGIE SHEPHERDS PIE</u> Quorn mince in a rich gravy with peas and topped with a soft mash</p>	<p>Silverside of <u>BEEF</u> & homemade Yorkshire puddings.</p> <p>Chicken <u>CURRY</u> fluffy rice.</p> <p><u>VEG</u> curry Peppers onions carrots peas in a curry sauce, with fluffy rice.</p>	<p><u>GAMMON</u> with juicy pineapple chunks.</p> <p><u>PORK PIE</u> Diced pork in a rich sage and onion gravy, topped with a scone topping</p> <p><u>Quorn pie</u> Quorn pieces in a rich sage and onion gravy ,topped with a scone topping</p>	<p>Slow cooked <u>PORK</u></p> <p><u>CHICKEN BOATS</u> Diced chicken, peppers onions in a tomato sauce sat in a tortilla boat topped with cheddar cheese.</p> <p><u>VEG BOAT</u> Peppers, onions, mushrooms sat in a tortilla boat topped with cheddar cheese.</p>	<p>SAUSAGE Chips beans</p> <p>SALMON FISH CAKES with a sweet chilli dip.</p> <p>CHEESY PIZZA</p> <p>CHIPS</p>
BREAK	Pizza	Bacon	Teacake, crumpet Jam on toast	Pizza	Bacon
HOT BUTTY	BBQ pulled pork in a par-baked baguette.	Bacon in a soft floury bap.	Cheese and ham bagel.	Marinated diced chicken in a ciabatta roll.	Chip in a floured bun. Or Sausage in a sub roll.
PASTA MEAT	Chicken Balti	Bolognese	Chicken italian	Spanish chicken	Bangers & Beans
PASTA VEG	Balti Sauce	Veg Bolognese	Pomodoro	Basilico	
PUDDING	Chocolate brownie Fruit salad	Flap jack Fruit salad	Baked sponge Fruit salad	Shortcake Fruit salad	Crackle Fruit salad
	Starchy cooked in fat	High in fat	Meat product		

All veg pasta sauce is also vegan.

Jacket potatoes are served daily at the pasta area with various fillings

Menu may change if deliveries are not met