

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	CHIP FRIDAY
	<p>Slow cooked PORK</p> <p>LASAGNE Lean minced beef lasagne topped with béchamel sauce and cheddar cheese</p> <p>VEG lasagne topped with béchamel sauce and cheddar cheese</p>	<p>GAMMON with juicy pineapple chunks.</p> <p>Chicken CURRY with fluffy rice.</p> <p>QUORN mince curry</p>	<p>Moist CHICKEN</p> <p>ALL DAY BREAKFAST Bacon sausage, omelette, Hash brown and beans.</p> <p>VEGGIE BREAKFAST Veggie sausage Omelette, hash brown, and beans</p>	<p>Silverside of BEEF & Yorkshire puddings.</p> <p>CHICKEN ENCHILADAS Diced chicken peppers onions wrapped in a soft tortilla topped with spicy tomato sauce and cheese.</p> <p>VEG ENCHILADAS Peppers onion mushrooms wrapped in a tortilla with tom and cheese</p>	<p>Oven baked FISH Chips and mushy peas</p> <p>CHEESY PIZZA</p> <p>CHIPS</p>
BREAK	Bagel	Bacon	Pizza	Bagel	Bacon
HOT BUTTY	Chicken 'n' stuffing In a soft sub roll.	Ham & cheese in a bar marked panini.	Marinated diced chicken in an oat topped bun.	Beef burgers in an brioche bun	Chip in a floured bun. Or Fish & chip take away
PASTA MEAT	Chicken Marinara	Pizza Chicken	Chicken Balti	Italiano Chicken	
PASTA VEG	Veg Marinara	Pizza sauce	Balti Sauce	Pomodoro	Basilico
PUDDING	Baked sponge Fruit salad	Short cake Fruit salad	Tart Fruit salad	Baked sponge Fruit salad	Chocolate brownie Fruit salad
	Starchy cooked in fat	High in fat	Meat product		

Menu may change if deliveries are not me