

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	CHIP FRIDAY
	<p>Moist <u>CHICKEN</u> Wrapped in bacon</p> <p><u>TACO'S</u> Lean mince beef, with a hint of spice in a crispy taco shell topped with sour cream</p> <p><u>VEGGIE</u> mince taco with a hint of spice in a crispy taco shell topped with sour cream.</p>	<p>Silverside of <u>BEEF</u> &amp; home-made <u>Yorkshire puddings</u>.</p> <p><u>ALL DAY BREAKFAST</u> Bacon <b>sausage</b>, omelette, Hash brown and beans.</p> <p><u>VEGGIE BREAKFAST</u> Veggie sausage Omelette, hash brown, and beans</p>	<p><u>GAMMON</u> with juicy pineapple chunks.</p> <p><u>CHICKEN PIE</u> Diced chicken in a rich sage and onion gravy with a scone base topping.</p> <p><u>VEG PIE</u> Seasonal veg pie with a scone base topping</p>	<p>Slow cook <u>PORK</u></p> <p>Chicken <u>CURRY</u> with fluffy rice.</p> <p><u>STUFFED PEPPERS</u> Filled with veg rice then topped with cheddar cheese.</p>	<p>Oven baked <u>FISH</u> Chips and mushy peas</p> <p>CHEESY PIZZA</p> <p><u>CHIPS</u></p>
<b>BREAK</b>	Bagel	Bacon	Pizza	Bagel	Bacon
<b>HOT BUTTY</b>	Chicken 'n' stuffing In a soft sub roll.	Ham & cheese In a bar marked panini.	Marinated diced chicken in an oat topped bun.	Beef <b>burgers</b> in a brioche bun	<b>Chip</b> in a floured bun. Or <b>Fish</b> & chip take away
<b>PASTA MEAT</b>	BBQ chicken	Chicken bolognese	Chicken tom & basil	Chicken curry	Italian chicken
<b>PASTA VEG</b>	Tomato & basil	Veg boll	Tomato basil	Spicy arrabiata	Italian veg
<b>PUDDING</b>	Baked sponge Fruit salad	Chocolate crunch Fruit salad	<b>Tart</b> Fruit salad	Shortcake Fruit salad	Streamed sponge Fruit salad
	<b>Starchy cooked in fat</b>	<b>High in fat</b>	<b>Meat product</b>		

Menu may change if deliveries are not me